



Comprehensive Behaviour Support Plan Checklist: Requirements for Specialist Behaviour Support Providers

This document outlines good practice and the conditions of registration that apply to specialist behaviour support providers when developing Comprehensive Behaviour Support Plans.

It aims to help improve the quality of behaviour support plans and ensure compliance with legislative requirements. Specialist behaviour support providers and their NDIS behaviour support practitioners can use this tool to assist with their compliance and quality assurance activities.

Use of this resource is optional. It does **not** need to be submitted to the NDIS Commission.

What is a Comprehensive Behaviour Support Plan?

A Comprehensive Behaviour Support Plan (Comprehensive BSP) is a holistic document based on a behaviour support assessment, (including a functional behaviour assessment).

It contains proactive and evidence-informed strategies to improve a person's quality of life and support their progress towards positive change. It addresses the underlying function(s) of the person's behaviour of concern and where appropriate, identifies functionally equivalent replacement behaviours.

A Comprehensive BSP outlines any environmental changes required, provides skill development opportunities, and includes response strategies to be followed when the behaviour(s) of concern occurs. The plan also identifies if, when and how any regulated restrictive practices are to be applied, and includes fade out strategies to promote their reduction and elimination over time.

Requirements when developing a Comprehensive BSP

Specialist Behaviour Support providers must adhere to a range of requirements when developing Comprehensive BSPs. These are conditions of their registration as a registered NDIS provider.

These are outlined below and are drawn from the following legislative suite:

- [National Disability Insurance Scheme Act 2013](#)
- [National Disability Insurance Scheme \(Code of Conduct\) Rules 2018](#)
- [National Disability Insurance Scheme \(Provider Registration and Practice Standards\) Rules 2018](#)
- [National Disability Insurance Scheme \(Quality Indicators for NDIS Practice Standards\) Guidelines 2018](#)
- [National Disability Insurance Scheme \(Restrictive Practices and Behaviour Support\) Rules 2018.](#)



Additional Resources Recommended

- **Positive Behaviour Support Capability Framework (PBSCF) (PDF, 1 MB)**

This is the framework used by the Commissioner to consider a practitioner’s suitability in accordance with section 181H of the NDIS Act. It outlines the knowledge and skills required to deliver contemporary, evidence-informed behaviour support. The ‘Planning’ domain relates specifically to the development of Comprehensive BSPs.

- **Compendium of Resources**

This resource provides a comprehensive list of positive behaviour support assessment tools that can be used in assessment, planning, intervention, monitoring and or review.

Implications

The requirements outlined in this document include conditions of registration imposed on registered NDIS providers under sections 73F, 73H and 73J of the NDIS Act. Where these requirements are not met, then action is needed to ensure compliance and quality services for NDIS participants. Failure to comply with the requirements may result in compliance and enforcement action, in accordance with sections 73J and 73V of the NDIS Act 2013.

Comprehensive BSP Checklist begins on the following page.

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Comprehensive Behaviour Support Plan Checklist

Plan details

Name / NDIS participant number	BSP ID / Date of BSP
NDIS Behaviour Support Practitioner	Practitioner ID number
Specialist Behaviour Support Provider	Provider Registration ID
Checklist completed by	Date

Tick the item if the behaviour support plan demonstrates the requirement as described. There is a place for you to write additional notes and any follow up actions at the end of the checklist.

Developed by

1. Developed by a registered NDIS provider of specialist behaviour support, who uses an NDIS behaviour support practitioner. Their name and contact details should be clearly stated in the plan.

Note: an 'NDIS behaviour support practitioner' means a person the Commissioner considers is suitable to undertake behaviour support assessments (including functional behavioural assessments) and to develop behaviour support plans that may contain the use of restrictive practices.

Timeframes

2. Developed within 6 months of the specialist behaviour support provider being 'engaged' if the plan contains regulated restrictive practices.

Note: a provider is considered 'engaged' from either the date of the service agreement, or the date specified in the service agreement (i.e. where a date is specified in the agreement by which the provider is to commence developing the plan).

Core values

3. Respects and upholds the person's dignity and rights.
4. Person-centred, evidence-informed and responsive to needs.
5. Maintains or improves the person's quality of life.
6. Complies with Commonwealth, State and Territory laws and policies.
7. Gives due consideration to the person's wishes, is proportionate and least restrictive.



8. Culturally competent and strength-based, increasing the capacity of the person and other relevant people.

Consultation

Note: There are specific consultation requirements in relation to Regulated Restrictive Practices. These are outlined later in the RRP section of the checklist.

9. A behaviour support assessment that identifies unmet needs and the function or purpose of the behaviour(s) is completed with the person with disability, their family, guardian and other relevant people.

10. The BSP is developed with the person with disability, their family, guardian and other relevant people (e.g., implementing providers, specialists and mainstream services). Information is documented (ideally in the plan) about when and how this has occurred.

11. A copy of the plan is given to the person, and with their consent to their family, guardian and implementing providers for their consideration and acceptance prior to it being lodged with the NDIS Commission (if required).

Contents

12. Is a tailored, holistic and comprehensive document. It aims to maintain and improve the person's quality of life, meet their needs and address the function of the behaviour(s).

13. Takes into account previous behaviour support assessments and other assessments. It supersedes the existing Interim BSP.

14. Includes (or is based on) a functional behavioural assessment, that analyses the function of all behaviours of concern.

15. The assessment / analysis considers the person's developmental history and factors that trigger, contribute to and maintain the behaviour(s) of concern. It also identifies strengths and protective factors.

16. Contains evidence-based, person-centred and proactive strategies that address the person's needs and the functions of the behaviour(s).

17. Makes environmental changes to meet the person's needs and where relevant reduce or remove the need for regulated restrictive practices. These strategies are logically related to the triggers and / or function of the behaviour(s).

18. Promotes the person's active engagement in meaningful daily activities and provides opportunities to participate in community activities.

19. Includes skill development programs / opportunities to teach new skills (including those which address the function of the behaviour and / or reduce or remove the need for regulated restrictive practices).



20. Where appropriate, identifies reinforcers and functionally equivalent replacement behaviours that are logically linked to the function of the behaviour.
21. Clearly describes the behaviours of concern and includes reactive strategies for responding when they occur to minimise the risks.
22. Clearly identifies the use of any regulated restrictive practices. The plan includes protocols, procedures or similar which detail what restrictive practice are to be used, when, why, how, and by whom (including details of the implementing providers).
23. Identifies how people will be provided with the advice, guidance and support they need to effectively implement the plan.
24. Includes clear goals and objectives.
25. Includes a plan for monitoring its effectiveness.
26. Describes the roles, responsibilities and communication pathways for those involved in developing and / or implementing the plan.

Regulated Restrictive Practices (RRP)

27. The type of any regulated restrictive practices are clearly identified (i.e., seclusion, chemical restraint, mechanical restraint, physical restraint, environmental restraint).
28. The RRP is included for use only as a last resort in response to risk of harm to the person or others, and after exploring and applying evidence-based, person-centred and proactive strategies.
29. The RRP is the least restrictive response possible in the circumstances.
30. The RRP reduces the risk of harm to the person or others.
31. The RRP is proportionate to the potential negative consequences or risk of harm.
32. The RRP is used for the shortest time possible.
33. All reasonable steps are taken and strategies included in the plan to reduce and eliminate the use of each RRP, including fade out plans.
34. The person with disability, their family, guardian, and other relevant people are engaged in discussions about the need for a RRP. Alternatives are promoted as part of these discussions.
35. The person with disability, their family, guardian, and other relevant people, are provided details of, the intention to use a RRP as part of the plan, in an appropriately accessible format. We expect how this occurred is documented (ideally in or attached to the plan).



36. Implementing providers are made aware of their reporting requirements and are assisted to understand any state or territory authorisation requirements.

Authorisation

37. Developed in accordance with the State or Territory's restrictive practice authorisation and consent requirements, however described.

Lodgement with the NDIS Commission

38. Lodged in the NDIS Commission portal as soon as practicable after it is developed, if it contains regulated restrictive practices.

This involves:

Lodging the plan regardless of who is implementing it (i.e., includes plans only implemented by family / non-NDIS services).

Lodging the plan regardless of whether State or Territory authorisation is required, or has been obtained.

39. Lodged in the manner as required by the Commissioner.

This involves:

Attaching a copy of the behaviour support plan.

Linking all implementing NDIS providers.

Ensuring the details entered in the portal are accurate and consistent with the behaviour support plan.

Implementation, monitoring and review

40. The plan has good contextual fit (i.e., it meets the needs of the person with disability and those implementing the plan across different environments and ensures the necessary resources and systems in place to support implementation).

41. Reasonable measures are taken to ensure the person with disability, their family and implementing providers understand the rationale underpinning the Comprehensive BSP.

42. Support is provided to implement the plan and monitor its efficacy.

43. Person-centred training, coaching and / or mentoring is facilitated or delivered to support the effective implementation of strategies.

44. If training from a third party is recommended in relation to the safe use of a restrictive practice, then oversight is retained to ensure the training address the strategies contained within the plan.



45. Ongoing support is provided to identify and address barriers to implementation.

46. The effectiveness of strategies is evaluated through regular engagement with the person with disability, and by reviewing incidents and data collected by implementing providers.

47. Reviewed at least every 12 months; or sooner if there is a change in circumstances. The date for review should be clearly stated in the plan.

48. Modifications to the plan and strategies are made as needed. These changes are communicated and training provided (where required).

Notes and actions